

**Pediatric Associates of Montgomery County, PA**  
**Psychiatrist and Psychologist Specialist List (updated 03/13/19)**

**PSYCHIATRISTS**

**SILVER SPRING / TAKOMA PARK / COLLEGE PARK / KENSINGTON**

Morris, Abby, MD..... 301-576-3414 (Kensington)  
Rubinstein, Shira..... 301-585-2909 (Silver Spring)  
Univ. of Maryland Child Outpatient Clinic (Medicaid & MCO) ..... 410-328-8552 (College Park)  
Vesta Mental Health Clinic.....301-588-8881 (Silver Spring)  
    Accepts MD Medicaid and MCOs, also Germantown and Lanham locations  
Weinberger, Rochelle (FFS)..... 301-587-2818 (Silver Spring)

**GERMANTOWN / GAITHERSBURG / ROCKVILLE / OLNEY**

Campagnone, Marie..... 301-770-4670 (Rockville)  
Devi, Ulma – Alliance Mental Health Inc (Medicaid & MCO until age 18).. 301-948-1769 (Gaithersburg)  
Dryden-Edwards Psychiatric Services..... 301-330-0400 (Gaithersburg)  
Dupont Associates (SW anxiety specialist Elizabeth Dupont Spencer).....301-231-9010 (Rockville)  
Greater Washington Psychiatry and Counseling (GWPC)..... 301-969-4060 (Olney)  
Hemanth, Naveena – Neuroscientific Insights (UHC and GEHA, FFS for all).. 301-468-1001 (Rockville)  
Olney Psychiatric & Counseling Center..... 301-570-7500 (Olney)  
Potomac Psychiatry (FFS)..... 301-984-9791 (Rockville)

**BETHESDA**

Dworsky, Lynn (FFS) ..... 301-229-1004 (Cabin John)  
Rebarber, Steven (FFS) ..... 301-493-6984 (Bethesda)  
Washington Center for Women’s and Children’s Wellness (FFS) ..... 301-881-9464 (Bethesda)  
Woodmont Psychiatric Group (Brain, Lawrence & Klepper, Julie) (FFS) .....301-654-2255 (Bethesda)

**COLUMBIA / ELLICOTT CITY / BALTIMORE / ANNAPOLIS**

Heinrichs, Douglas (sees Teens)..... 410-964-6486 (Ellicott City)  
Lipkin, Paul (Kennedy Krieger Institute) (Medicaid & MCO until age 18) ..... 443-923-4140 (Baltimore)  
Maryland Centers for Psychiatry (FFS)..... 410-461-3760 (Ellicott City & Annapolis)  
Psych Associates of MD (Most major ins)..... 410-290-6940 (Columbia & Towson)

**CHEVERLY / GREENBELT / LANHAM**

Greater Washington Psychiatry and Counseling (GWPC)..... 301-982-3437 (Greenbelt)  
Mt. Washington Pediatric Hospital Pediatric Psychiatry..... 410-367-2222 (Cheverly)

**WASHINGTON, DC**

Georgetown Hospital..... 202-687-8609  
The Ross Center (FFS) ..... 202-858-2824  
Patel, Smita (All BCBS, Cigna, UHC/Optum)..... 202-775-0620  
Psychiatric Institute of Washington..... 1-800-369-2273

## PSYCHOLOGISTS

### SILVER SPRING / WHEATON / TAKOMA PARK / COLLEGE PARK / KENSINGTON

Behavior Therapy Center of Greater Washington (FFS, CBT)..... 301-593-4040 (Silver Spring)  
Estes, Debra (Social Worker)..... 202-517-8447 (Greenbelt)  
Holland, Cheryl, PhD, LLC – Grow & Connect Integrated Therapies.....301-962-0800 (Kensington)  
Jewish Social Services Agency (JSSA)(CBT)..... 301-587-9666 (Silver Spring)  
Ness Psychological Services..... 301-960-8262 x3 (Silver Spring)  
Strixrud & Associates (FFS).....301-565-0534 (Silver Spring)  
Thrive Behavioral Health (MCO).....240-641-8042 (Silver Spring)  
UMD Dept of Psychology..... 301-405-5862 (College Park)

### GERMANTOWN / GAITHERSBURG / ROCKVILLE / OLNEY/BETHESDA

Adventist Behavioral Health (MCO and Private, CBT).....301-345-1022  
(Gaithersburg, Greenbelt, Frederick & Baltimore offices)  
Anchor Point Psychological Services (FFS) ..... 240-390-3957 (Olney)  
Aspire Counseling (Insurance depends on therapist, Medicaid accepted).... 301-978-9750 (Gaithersburg)  
Center for Anxiety and Behavioral Change (CBT).....301-610-7850 (Rockville)  
Community Clinic (Mont County).....301-216-0880 (Gaithersburg)  
Garcia, Lisa..... 301-812-4847 (Olney)  
Gerson, Linda..... 301-881-0516 (Rockville)  
Mind Well Psychology (FFS)..... 301-581-1120 (Bethesda)  
Miller, Daisy and Associates (Eating Disorders) (FFS)..... 240-449-4022 (Rockville)  
Olney Psychiatric & Counseling Center..... 301-570-7500 (Olney)  
Rathbone and Associates (FFS).....301-230-9490 (Rockville)  
Smith, Kim (Eating Disorders)..... 301-538-3762 (Bethesda)  
Spodak & Stefano.....301-770-7507 (Rockville)  
Steinman, Kathryn (FFS)..... 301-787-4459 (Bethesda)

### COLUMBIA / ELLICOTT CITY / BALTIMORE

Columbia Counseling Center (Most major ins plans)..... 410-992-9149 (Columbia)  
Child and Family Therapy Clinic of Kennedy Kreiger..... 443-923-7508 (Columbia, Baltimore)  
Moss, Jeff—Clinical Social Worker..... 410-995-5555 (Columbia)  
Weltz, Sharon of Bacharach, Volkman, & Assoc..... 410-715-1180 (Columbia)

### CHEVERLY / GREENBELT / HYATTSVILLE

Contemporary Family Services (MCO)..... 301-779-8345 (Hyattsville)  
Mt. Washington Pediatric Hospital.....301-618-6974 (Cheverly)  
Advanced Behavioral Health.....301-345-1022 (Greenbelt)

### **Additional Resources**

American Academy of Child and Adolescent Psychiatry: <https://www.aacap.org/>

MCO/STATE INSURANCE (Amerigroup, Priority Partners, United MCO and Maryland Physicians Care) MENTAL HEALTH ACCESS..... 1-800-888-1965

Montgomery County Crisis Center Hotline: 240-777-4000

National Alliance On Mental Illness: <https://www.nami.org/>

National Suicide Prevention Lifeline: 1-800-273-8255 <https://suicidepreventionlifeline.org/>

Psychology Today: [www.psychologytoday.com](http://www.psychologytoday.com)

Website to search for social skills groups: [www.groups4kids.com](http://www.groups4kids.com)

**Your insurance company is also a good resource for finding in-network mental health providers in your area.**