**Pediatric Associates of Montgomery County**

**Psychologists**

**SILVER SPRING AND COLLEGE PARK**

*Behavior Therapy Center of Greater Washington…………………………………………….*Silver Spring: **301-593-4040**

*Giunta & Associates……………………………………………………………………………….*Silver Spring: **301-565-0093**

*Green Ridge Behavioral Health………………………………………………………………….*Silver Spring: **240-683-6202**

Most Commercial Insurances; ages 18 and up

*Kim Smith, PhD…………………………………………………………………………………….*Silver Spring: **301-852-7596**

Specializes in eating disorders

*Maryland Institute for Individual and Family Therapy……………………………………….*College Park: **301-277-3250**

Ages 6 and up

*Mind Matters Too (Dr. Aisha King)……………………………………………………………..*Silver Spring: **202-556-0779**

*Richard Lanham, PhD…………………………………………………………………………….*Silver Spring: **301-960-8262**

*Stixrud Group (Susannah Hughes)………………………………………………………………*Silver Spring: **301-565-0093**

*Thrive Behavioral Health…………………………………………………………………………*Silver Spring: **410-780-5203**

Amerigroup, MD Phys Care, Priority Partners, United Healthcare MCO

*University Psychological Center………………………………….*College Park: **301-345-1919** Baltimore: **410-366-1717**

*Vesta Mental Health Clinic*……………………………………………………………….Silver Spring: **240-296-5858**

MD Medicaid, Medicare; locations also in Germantown and Lanham

**GERMANTOWN, GATIEHRSBURG, ROCKVILLE, AND OLNEY**

*Advanced Behavioral Health…………………………………………………………………..…*Gaithersburg: **301-345-1022**

Aetna, BCBS, Tricare, UBH, Cigna, United Healthcare, CareFirst, Medicaid; Ages 4 and up

*Adventist Lourie Center for Children’s Social and Emotional Wellness………………………* Rockville: **301-761-2701**

*All Day Medical Care………………………………………………………………………………*Gaithersburg: **301-330-0006**

Most commercial insurances, MD Phys Care, Priority Partners, Medicare and Medicaid; all ages

*Alvord, Baker, and Associates…………………………………………………………………..…….*Rockville: **301-593-6554**

*Cedarbrook Psychiatric Clinic……………………………………………………………………..…*Rockville: **301-424-7700**

Aetna, BCBS FEP PPO, Blue Preferred PPO, CareFirst, CareFirst BCBS PPO, Healthy Blue PPO, MD Medicaid, Medicare, Tricare; ages 17 and up

*Classen-Miller and Associates……………………………………………………………………..…*Rockville: **301-977-0824**

Most Commercial Insurances; all ages

*Contemporary Therapeutic Services…………………………………………………………….*Germantown: **240-686-1971**

*Dryden-Edwards Psychiatric Services…………………………..*Gaithersburg: **301-646-5713 or 301-330-0400 ext. 150**

Medicare, CareFirst BCBS PPO, CareFirst Blue Choice, Cigna Behavioral Health, United Healthcare

*Green Ridge Behavioral Health………………………………………………………………….*Gaithersburg: **240-683-6202**

Most Commercial Insurances; ages 18 and up

*Healthy Synergy Psychological Services………………………………………………………..*Germantown: **301-569-6326**

*Jewish Social Services………………………………………………………..….*Rockville and Silver Spring: **301-813-2633**

Most Commercial Insurances, Medicare and Medicaid (no Kaiser or Medstar)

*Kenneth Stefano & Associates………………………………………………………………………...*Rockville: **301-770-7507**

*Lifespan Behavioral Health Services (Dr. Sussal)…………………………………..……………...…*Olney: **301-969-4060**

Most Commercial Insurances; MD Medicaid; All ages

*Linda Gerson, PhD……………………………………………………………………………………..*Rockville: **301-881-0516**

*MedPsych Health Services………………………………………………………………………….…*Rockville: **240-464-8000**

Most Commercial Insurances; MD Medicaid, Priority Partners; Ages 10 and up

*Olney North Bethesda Psychology…………………………………………………………………………………***301-587-2818**

*Olney Psychiatrics and Counseling Center………………………………………………………………………***301-570-7500**

*Potomac Psychiatry (Dr. Lyerly)…………………………………………………………………….*Rockville: **301-327-0735**

*Quince Orchard Psychotherapy…………………………………………………………………...…*Rockville: **240-750-6467**

Some Commercial Insurances; Medicare, Medicaid varies with providers; All ages

*Rathbone and Associates…………………………………………………………………………...…*Rockville: **301-229-9490**

*Willow Oak Therapy Center…………………………………………………………………………..*Rockville: **301-251-8965**

**BETHESDA**

*Axis Healthcare Group*………………………………………………………………………..Bethesda: **202-360-4787**

BCBS, CareFirst, Aetna, Cigna, United Behavioral Health and other commercial plans; ages 16 and up

*Kathryn Steinman……………………………………………………………………………………….*Bethesda: **301-787-4459**

*Stewart Zelman…………………………………………………………………………………………..*Bethesda: **301-593-8333**

**COLUMBIA, BALTIMORE, AND ELLICOTT CITY**

*Douglas Heinrichs, MD……………………………………………………………………………..*Ellicott City: **410-946-6486**

*Dr. Bacharach, Volkman & Associates………………………………………………………………*Columbia: **410-715-1180**

*Jeff Moss (Clinical Social Worker)…………………………………………………………………...*Columbia: **410-995-5555**

*Psych Associates of Maryland………………………………………………………………………...*Columbia: **410-823-6408**

In network for most commercial insurances and Medicare; offices also in Gaithersburg and Baltimore

*Psych Associates of Maryland………………………………………………………………………...*Columbia: **410-823-6408**

In network for most commercial insurances and Medicare; offices also in Gaithersburg and Baltimore

*Sarah Weden & Associates……………………………………………………………………………*Columbia: **443-212-8378**

*Sheppard Pratt- Family Services…………………………………………………………………..…*Baltimore: **301-840-2000**

Medicaid only; all ages

*University Psychological Center………………………………….*College Park: **301-345-1919** Baltimore: **410-366-1717**

**CHEVERYL AND GREENBELT**

*Kimberly Derrickson, PhD (UM Prince George’s Hospital Center)…………………………….*Cheverly: **301-618-6974**

*Lifespan Behavioral Health Services (Dr. Sussal)……………………………………………...…*Greenbelt: **301-982-3437**

Most Commercial Insurances; MD Medicaid; All ages

**WASHINGTON DC**

*Children’s National Psychology and Behavioral Health………………………………………………….*DC: **202-729-3300**

*Georgetown Helping Our Youth Achieve Clinic……………………………………………………………*DC: **202-687-7447**

*The Ross Center………………………………………………………………………………………………...*DC: **202-363-1010**

**FREDERICK**

*Behavioral Health Partners (Sheppard Pratt)………………………………………………………………….***301-663-8623**

*Green Ridge Behavioral Health………………………………………………………………….*Frederick: **240-683-6202**

Most Commercial Insurances; ages 18 and up

*MedPsych Health Services………………………………………………………………………….…*Frederick: **240-464-8000**

Most Commercial Insurances; MD Medicaid, Priority Partners; Ages 10 and up

**ONLINE SERVICES**

*Pediatric and Family Behavioral Healthcare (youme healthcare)…***866-968-6342**

Aetna, CareFirst, and MCO Insurances; locations in Gaithersburg and Silver Spring but primarily telehealth

**Pediatric Associates of Montgomery County**

**Psychiatrists**

**SILVER SPRING, TAKOMA PARK, COLLEGE PARK, AND KENSINGTON**

*Aaron Ament, MD………………………………………………………………………………….*Silver Spring: **301-622-0622**

*Abby Morris, MD, LLC……………………………………………………………………………...*Kensington: **301-576-3597**

*Cephas, Marcellus, & Associates………………………………………………………………..*Takoma Park: **301-891-2077**

*Charles Goldberg, MD………………………………………………………………………………*Kensington: **301-649-5462**

*David Zwerdling, MD………………………………………………………………………………*Silver Spring: **301-587-3430**

Accepts Medicare

*Shira Rubinstein, MD………………………………………………………………………………*Silver Spring: **301-585-2909**

*Thrive Behavioral Health…………………………………………………………………………*Silver Spring: **410-780-5203**

Amerigroup, MD Phys Care, Priority Partners, United Healthcare MCO

*University of MD Psychiatry………………………………………………………………………*College Park: **410-328-5881**

*Vesta Mental Health Clinic………………………………………………………………………..*Silver Spring: **240-296-5858**

MD Medicaid, Medicare; locations also in Germantown and Lanham

*Willie Hamlin, MD……………………………………………….*Silver Spring: **301-588-3597** (affiliated with Holy Cross)

**GERMANTOWN, GAITHERSBURG, ROCKVILLE, AND OLNEY**

*Advanced Behavioral Health…………………………………………………………………..…*Gaithersburg: **301-345-1022**

Aetna, BCBS, Tricare, UBH, Cigna, United Healthcare, CareFirst, Medicaid; Ages 4 and up

*All Day Medical Care………………………………………………………………………………*Gaithersburg: **301-330-0006**

Most commercial insurances, MD Phys Care, Priority Partners, Medicare and Medicaid; all ages

*Cedarbrook Psychiatric Clinic……………………………………………………………………..…*Rockville: **301-424-7700**

Aetna, BCBS FEP PPO, Blue Preferred PPO, CareFirst, CareFirst BCBS PPO, Healthy Blue PPO, MD

*Dryden-Edwards Psychiatric Services…………………………..*Gaithersburg: **301-646-5713 or 301-330-0400 ext. 150**

Medicare, CareFirst BCBS PPO, CareFirst Blue Choice, Cigna Behavioral Health, United Healthcare

*Dupont Associates………………………………………………………………………………………*Rockville: **301-231-9010**

*Green Ridge Behavioral Health………………………………………………………………….*Gaithersburg: **240-683-6202**

Most Commercial Insurances; ages 18 and up

*Jewish Social Services………………………………………………………..….*Rockville and Silver Spring: **301-813-2633**

Most Commercial Insurances, Medicare and Medicaid (no Kaiser or Medstar)

*Lifespan Behavioral Health Services (Dr. Sussal)……………………….*Greenbelt: **301-982-3437** Olney: **301-969-4060**

Most Commercial Insurances; MD Medicaid; all ages

*Mahteme Selassie, MD…………………………………………………………………………..…….*Rockville: **301-656-9520**

United Healthcare, BCBS, Aetna; ages 6 and up

*MedPsych Health Services………………………………………………………………………….…*Rockville: **240-464-8000**

Most Commercial Insurances; MD Medicaid, Priority Partners; Ages 10 and up

*Neuroscientific Insights (Naveenah Hemanth, MD)……..………………………………..……..…*Rockville: **301-468-1001**

Aetna, BCBS, Cigna, United Healthcare; all ages

*Potomac Psychiatry (Dr. Lyerly)…………………………………………………………………….*Rockville: **301-327-0735**

*Quince Orchard Psychotherapy…………………………………………………………………...…*Rockville: **240-750-6467**

Some Commercial Insurances; Medicare, Medicaid varies with providers; All ages

*Steven Israel, MD………………………………………………………………………………………*Rockville: **301-468-2262**

Adventist, Aetna, BCBS, Cigna, United Healthcare; Medicare and Medicaid

*Theresa Kurtz, MD………………………………………………………………………………...*Gaithersburg: **301-349-5779**

*Uma Devi, MD……………………………………………………………………………………...*Gaithersburg: **301-948-1769**

Accepts most commercial insurances and Medicare

*Vesta Mental Health Clinic*……………………………………………………………….Silver Spring: **240-296-5858**

MD Medicaid, Medicare; locations also in Germantown and Lanham

**BETHESDA AND CHEVY CHASE**

*Ana Alaoglu, MD…………………………………………………………………………………...*Chevy Chase: **301-652-0095**

*Axis Healthcare Group*………………………………………………………………………..Bethesda: **202-360-4787**

BCBS, CareFirst, Aetna, Cigna, United Behavioral Health and other commercial plans; ages 16 and up

*Harold Eist, MD…………………………………………………………………………………………*Bethesda: **301-530-0510**

*Lee Haller, MD………………………………………………………………………………………..…*Potomac: **301-983-5011**

*Maureen Donnelly, MD………………………………………………………………………………...*Bethesda: **301-564-6083**

*Michelle Seelman, MD……………………………………………………………………………..*Chevy Chase: **301-656-1770**

*Steven Rebarber, MD………………………………………………………………………………...…*Bethesda: **301-675-0693**

*Woodmont Psychiatric Group…………………………………………………………………………*Bethesda: **301-654-2255**

**COLUMBIA, BALTIMORE, AND ELLICOTT CITY**

*Dr. Bacharach, Volkman & Associates………………………………………………………………*Columbia: **410-715-1180**

*Kennedy Krieger Institute (Dr. Paul Lipkin)……………………………………………………..…*Baltimore: **443-923-3240**

*MSA: The Adolescent Center……………………………………………………………………….…*Columbia: **443-259-0400**

*Psych Associates of MD………………………………………………………………………………..*Columbia: **410-823-6408**

*Sheppard Pratt- Family Services…………………………………………………………………..…*Baltimore: **301-840-2000**

Medicaid only; all ages

**CHEVERYLY, GREENBELT, AND LANHAM**

*Children’s National: Dr. Elliot Gersh……………………………………………………………...…*Lanham: **301-276-9100**

*Vesta Mental Health Clinic………………………………………………………………………..*Silver Spring: **240-296-5858**

MD Medicaid, Medicare; locations also in Germantown and Lanham

**WASHINGTON DC**

*Medstar Georgetown………………………………………………………………………………………….*DC: **202-944-5400**

*Psychiatric Institute of Washington………………………………………………………………………….…***1-800-369-2273**

*Smita Patel, MD…………………………………………………………………………………………….…* DC: **202-775-0620**

*The Ross Center………………………………………………………………………………………………...*DC: **202-363-1010**

**Pediatric Associates of Montgomery County**

**Psychoeducation**

*Bowman Educational Services…………………………………………………………………….…*Columbia: **410-290-5955**

Specializes in dyslexia, math difficulties, speech/language, and ADHD

*Chesapeake ADHD Center of MD…………………….…*Bethesda, Silver Spring, Columbia, Annapolis: **301-562-8448**

Psychiatry services, testing and study skills, ADHD coaching, therapy services, and parent education

*Children’s Hospital Dept. of Neuropsychology at Montgomery Outpatient Center…………..*Rockville: **301-765-5430**

Accepts MCO’s and most commercial insurances

*Dana O’Brien, PhD……………………………………………………………………………………*Rockville: **301-231-9665**

Educational testing, psychological assessments, individual therapy

*David Black, PhD – Center for Assessment and Treatment………………………………….*Chevy Chase: **240-424-0184**

Autism and developmental clinics

*Diagnostic Testing Consultants – Elizabeth Cutner, PhD……………………………………..…*Rockville: **301-528-8575**

School evaluations, admissions testing, targeted and comprehensive diagnostic evaluations

*Expressive Therapy Center……………………………………………………*Bethesda and North Potomac: **301-869-1017**

Educational assessments, individual and group therapy services

*Kennedy Krieger Institute………………………………………………………...…*Columbia and Baltimore: **443-923-7508**

Child and family therapy treatment, also different outpatient centers for different educational needs

*Kenneth Stefano and Associates…………………………………………………………………...…*Rockville: **301-770-7507**

Educational testing, school placement, student observations, study skills and testing seminars

*Myra Burgee, PhD – Applied Counseling and Psychoeducational Services………………...…*Rockville: **301-933-2374**

ADD/ADHD testing, test taking preparation, and IQ testing

*Neuro Behavioral Associates…………………………………………………………………………*Columbia: **410-772-7155**

ADHD management, educational assessments, forensic services, parent clinics

*R. Patrick Savage, PhD……………………………………………………………………………..…*Bethesda: **301-587-2818**

Counseling services, educational and psychological evaluations

*Rebecca Resnik and Associates Psychological Care………………………………………………*Bethesda: **301-581-1120**

Educational testing, group and individual therapy, parenting groups

*Stixrud Group…………………………………………………………………………………….…*Silver Spring: **301-565-0534**

Educational testing, admissions testing, parent workshops

*Treatment and Learning Centers…………………………………………………………………..…*Rockville: **301-424-5200**

Testing, tutoring and counseling services

*Valerie Slattery, PhD……………………………………………………………………………………*Potomac: **301-299-8085**

Testing, play therapy, cognitive behavioral therapy, trauma therapy

**Pediatric Associates of Montgomery County**

**Eating Disorder Resources**

*The Body Image Center…*Baltimore, Columbia, Frederick, Washington DC: **877-674-2843**

www.thebodyimagecenter.com

CareFirst, BCBS, Magellan, United/Optum, and Aetna

*Bradford Counseling Services, LLC…*Severna Park: **667-777-4935**

www.bradfordcounseling.com

Most Commercial Insurances; Medicaid and reduced out of network rates based on situation

*Bright Heart Health…*Online Video Services: **844-884-4474**

www.brighthearthealth.com

Cigna, Humana, Aetna. Molina Healthcare, BCBS, POMCO, Beacon, United Health; Medicaid

*Center for Discovery…*Columbia: **844-936-0746**

www.centerfordiscovery.com

Most Commercial Insurances

*The Center for Eating Disorders at Sheppard Pratt…*Towson: **410-938-4433**

www.sheppardpratt.org/the-center-for-eating-disorders-at-sheppard-pratt\

Most Commercial Insurances; MD Medicaid and Medicare

*The Eating Disorder Center…*Rockville: **301-246-6856**

www.theeatingdisordercenter.com

Out of network for insurances

*Eating Recovery Center…*Towson: **866-753-3817**

www.eatingrecoverycenter.com

Most Commercial Insurances; Medicaid based on situation and Medicare if secondary insurance

*John’s Hopkins Eating Disorder Program…*Baltimore: **410-955-5114** (inpatient) **410-955-3863** (outpatient)

www.hopkinsmedicine.org/psychiatry/specialty

Most Commercial Insurances; Medicare and Medicaid

*Renfrew Center for Eating Disorders…*Bethesda: **1-800-736-3739**

www.renfrewcenter.com

Accepts Most Managed Care Insurances; Medicare and Medicaid out of network

**Pediatric Associates of Montgomery County**

**Adolescent Substance Abuse Treatment**

*Journeys/Mountain Manor…*Rockville: **301-294-4015**

Levels of care: IOP, outpatient; ages 14-17

Some Commercial Insurances and Medicaid

*Medstar Montgomery Medical Center…*Olney: **301-774-8882**

Levels of care: inpatient, outpatient, IOP, PHP, medication-assisted treatment; ages 13 and up

Most Commercial Insurances, Medicare and Medicaid

*Newport Academy…*Rockville: **240-392-6790**

Levels of care: residential, PHP, IOP, outpatient; ages 12-24

Most Commercial Insurances

*Project Chesapeake…*Multiple Locations: **443-214-5097**

Levels of care, IOP, outpatient; ages 13 and up

Medicaid

*Sandstone Care…*Rockville: **667-458-6880** or **301-329-8067**

Levels of care: inpatient, residential, PHP, IOP, outpatient; ages 13-18

Most Commercial Insurances

*Sheppard Pratt…*Towson: **410-938-3000** Baltimore City: **443-573-8671** Rosedale: **4410-285-8157**

Levels of care: inpatient, residential, PHP, IOP, outpatient; ages 13 and up

Most Commercial Insurances, Medicare and Medicaid

**Pediatric Associates of Montgomery County**

**Adult Substance Abuse Treatment**

*Alcohol and Drug Intervention (ADI)…*Glen Burnie: **410-787-2288**

Level of care: IOP, outpatient (level 1)

Medicare and Medicaid

*Adventist Healthcare Chemical Dependency Unit…*Rockville: **301-251-4564**

Levels of care: IOP, structured IOP

Most Commercial Insurances and Medicaid

*Ashley Addiction Treatment…*Havre de Grace: **800-799-4673**

Levels of care: inpatient, residential, PHP, IOP, outpatient

Aetna, Anthem, BCBS, Highmark, Optum, Oxford, United Healthcare and others

*Avenues Recovery Center at Prince Frederick…***443-432-2441**

Levels of care: inpatient, residential, PHP, IOP, outpatient

Most Commercial Insurances

*Avery Road Treatment Center…*Rockville: **301-762-5613** or **410-233-1400**

Levels of care: inpatient, residential, IOP, outpatient

Most Commercial Insurances and Medicaid; sliding scale and financial aid available

*Awakenings Recovery Center…*Hagerstown: **833-655-0970**

Levels of care: residential, PHP, after-care program

Most Commercial Insurances and MD Medicaid

*Bright Heart Health…*Online Video Services: **800-892-1695**

Levels of care: IOP, outpatient

Most Commercial Insurances, Medicaid and Medicare

*Hope House Treatment Center…*Laurel: **301-490-5551** or **410-923-6700**

Levels of care: inpatient, residential, IOP, outpatient, medication-assisted treatment

Some Commercial Insurances and Medicaid

*Kolmac Outpatient Recovery…*Gaithersburg/Silver Spring/Columbia/ Lanham: **888-331-5251** or **301-750-9876**

Levels of care: IOP, outpatient, medication-assisted treatment

Adventist, Aetna, CF BCBS, Cigna, EHP, GEHA, Kaiser, Magellan, Tricare, United Behavioral Health and more

*MD House Detox/Delphi Behavioral Health…*Linthicum Heights: **855-928-0596**

Levels of care: inpatient and outpatient

CareFirst BCBS and Medicaid

*Medstar Montgomery Medical Center…*Olney: **301-774-8882**

Levels of care: inpatient, IOP, outpatient, PHP, medication-assisted treatment

Most Commercial Insurances, Medicare and Medicaid

*Montgomery Family Medicine Associates…*Silver Spring: **301-989-0193** or **301-570-7325**

Levels of care: medication-assisted treatment

Adventist, Aetna, Allegiance, CF BCBS, Cigna, JH Health, Kaiser Open Access, UHC, Amerigroup and Medicare

*Mountain Manor Treatment Centers…*Baltimore: **800-446-8833**

Levels of care: inpatient, residential, PHP, IOP, outpatient

Most Commercial Insurances, Medicaid and financial aid

*Pathways…*Annapolis: **410-573-5400**Levels of care: inpatient, PHP, IOP, outpatient

Most Commercial Insurances and financial aid

*Project Chesapeake…*Multiple Locations: **443-214-5097**

Levels of care, IOP, outpatient

Medicaid

*Second Chance Addiction Center…*Potomac: **301-983-5130**

Levels of care: IOP and outpatient

BCBS, Magellan and Medicaid

*Sheppard Pratt…*Towson: **410-938-3000** Baltimore City: **443-573-8671** Rosedale: **4410-285-8157**

Levels of care: inpatient, residential, PHP, IOP, outpatient

Most Commercial Insurances, Medicare and Medicaid

*Suburban Hospital- Addiction Treatment Center…*Rockville: **301-896-2036** or **410-550-0051**

Levels of care: IOP, outpatient, medication-assisted treatment

Most Commercial Insurances, Medicare and Medicaid

**Additional Resources**

*American Academy of Child and Adolescent Psychiatry*: <https://www.aacap.org/>

*Association of Behavioral and Cognitive Therapies:* <https://www.abct.org/Home/>

Resource for finding behavioral and cognitive therapists in your area

*MCO/STATE INSURANCE* (Amerigroup, Priority Partners, United MCO and Maryland Physicians Care) MENTAL HEALTH ACCESS…**1-800-888-1965**

*Montgomery County Crisis Center Hotline*: **240-777-4000**

*National Alliance on Mental Illness*: <https://www.nami.org/>

*National Suicide Prevention Lifeline*: **1-800-273-8255** <https://suicidepreventionlifeline.org/>

*Psychology Today*: [www.psychologytoday.com](http://www.psychologytoday.com)

*Website to search for social skills groups*: www.groups4kids.com

**Your insurance company is also a good resource for finding in-network mental health providers in your area.**