

**Pediatric Associates of Montgomery County, PA
Psychiatrist and Psychologist Specialist List (updated 12-4-2025)**

PSYCHIATRISTS

SILVER SPRING / TAKOMA PARK / COLLEGE PARK / KENSINGTON

Morris, Abby, MD..... 301-576-3414
(Kensington)
Rubinstein, Shira..... 301-585-2909 (Silver Spring)
Univ. of Maryland Child Outpatient Clinic (Medicaid & MCO) 410-328-8552 (College Park)
Vesta Mental Health Clinic.....301-588-8881 (Silver Spring)
 Accepts MD Medicaid and MCOs, also Germantown and Lanham locations
Weinberger, Rochelle (FFS)..... 301-587-2818 (Silver Spring)

GERMANTOWN / GAITHERSBURG / ROCKVILLE / OLNEY

Campagnone, Marie..... 301-770-4670 (Rockville)
Devi, Ulma – Alliance Mental Health Inc (Medicaid & MCO until age 18).. 301-948-1769 (Gaithersburg)
Dryden-Edwards Psychiatric Services..... 301-330-0400
(Gaithersburg)
Dupont Associates (SW anxiety specialist Elizabeth Dupont Spencer).....301-231-9010 (Rockville)
Greater Washington Psychiatry and Counseling (GWPC)..... 301-969-4060 (Olney)
Hemant, Naveena – Neuroscientific Insights (UHC and GEHA, FFS for all).. 301-468-1001 (Rockville)
Olney Psychiatric & Counseling Center..... 301-570-7500 (Olney)
Potomac Psychiatry (FFS)..... 301-984-9791
(Rockville)

BETHESDA

Dworsky, Lynn (FFS) 301-229-1004 (Cabin John)
Gladstone Psychiatrist and Wellness Carefirst/Aetna/Cigna/EHP 443-708-5856 (Bethesda)
Rebarber, Steven (FFS) 301-493-6984
(Bethesda)
Washington Center for Women’s and Children’s Wellness (FFS) 301-881-9464 (Bethesda)
Woodmont Psychiatric Group (Brain, Lawrence & Klepper, Julie) (FFS) 301-654-2255 (Bethesda)

COLUMBIA / ELLICOTT CITY / BALTIMORE / ANNAPOLIS

Heinrichs, Douglas (sees Teens)..... 410-964-6486 (Ellicott City)
Lipkin, Paul (Kennedy Krieger Institute) (Medicaid & MCO until age 18) 443-923-4140 (Baltimore)
Kennedy Krieger Institute additional # 443-923-7508
Maryland Centers for Psychiatry (FFS)..... 410-461-3760 (Ellicott City & Annapolis)
MPB GROUP (takes insurance) ----- 410-431-0402 (Columbia & Annapolis)
Psych Associates of MD (Most major ins) 410-290-6940 (Columbia & Towson)

CHEVERLY / GREENBELT / LANHAM

Greater Washington Psychiatry and Counseling (GWPC)..... 301-982-3437 (Greenbelt)
Mt. Washington Pediatric Hospital Pediatric Psychiatry..... 410-367-2222 (Cheverly)

WASHINGTON, DC

Georgetown

Hospital..... 202-687-8609
The Ross Center (FFS) 202-858-2824
Patel, Smita (All BCBS, Cigna, UHC/Optum)..... 202-775-0620
Psychiatric Institute of Washington..... 1-800-369-2273

PSYCHOLOGISTS

SILVER SPRING / WHEATON / TAKOMA PARK / COLLEGE PARK / KENSINGTON

Behavior Therapy Center of Greater Washington (FFS, CBT)..... 301-593-4040 (Silver Spring)
Estes, Debra (Social Worker) 202-517-8447 (Greenbelt)
Holland, Cheryl, PhD, LLC – Grow & Connect Integrated Therapies.....301-962-0800 (Kensington)
Jewish Social Services Agency (JSSA)(CBT)..... 301-881-3700 (Silver Spring)
Ness Psychological Services..... 301-960-8262 x3 (Silver Spring)
Safe Harbor301-262-2270 (Silver Spring)
Strixrud & Associates (FFS).....301-565-0534 (Silver Spring)
Thrive Behavioral Health (MCO).....240-641-8042 (Silver Spring)

GERMANTOWN / GAITHERSBURG / ROCKVILLE / OLNEY/BETHESDA

Adventist Behavioral Health (MCO and Private, CBT).....301-345-1022 (Gaithersburg, Greenbelt, Frederick & Baltimore offices)
Adventist Mental Health (Potomac Ridge) drug addition treatment 800-204-8600
Anchor Point Psychological Services (FFS) 240-390-3957 (Olney)
Aspire Counseling (Insurance depends on therapist, Medicaid accepted).... 301-978-9750 (Gaithersburg)
Center for Anxiety and Behavioral Change (CBT).....301-610-7850 (Rockville)
Community Clinic (Mont County).....301-216-0880 (Gaithersburg)
Empowering You Nooshin Kiankhooy..... 301-679-7220 (Olney)
Garcia, Lisa..... 301-812-4847 (Olney)
Gerson, Linda..... 301-881-0516 (Rockville)
Mind Well Psychology (FFS)..... 301-581-1120 (Bethesda)
Miller, Daisy and Associates (Eating Disorders) (FFS)..... 240-449-4022 (Rockville)
Olney Psychiatric & Counseling Center..... 301-570-7500 (Olney)
Rathbone and Associates (FFS).....301-230-9490 (Rockville)
Smith, Kim (Eating Disorders)..... 301-538-3762 (Bethesda)
Spodak & Stefano.....301-770-7507 (Rockville)
Steinman, Kathryn (FFS)..... 301-787-4459 (Bethesda)

Tree house CAC of Montg Cty240-777-4699 (Rockville)
**accepts MCO

COLUMBIA / ELLICOTT CITY / BALTIMORE

Columbia Counseling Center (Most major ins plans)..... 410-992-9149 (Columbia)

Congruent Counseling Center First time substance user counseling 410-740-8067
(Columbia)

Child and Family Therapy Clinic of Kennedy Kreiger..... 443-923-7508 (Columbia, Baltimore)

Moss, Jeff—Clinical Social Worker..... 410-995-5555 (Columbia)

Weltz. Sharon of Bacharach, Volkman, & Assoc..... 410-715-1180 (Columbia)

CHEVERLY / GREENBELT / HYATTSVILLE

Contemporary Family Services (MCO)..... 301-779-8345
(Hyattsville)

Mt. Washington Pediatric Hospital.....301-618-6974 (Cheverly)

Advanced Behavioral Health.....301-345-1022 (Greenbelt)

Additional Resources

American Academy of Child and Adolescent Psychiatry: <https://www.aacap.org/>

MCO/STATE INSURANCE (Amerigroup, Priority Partners, United MCO and Maryland Physicians Care) MENTAL HEALTH ACCESS..... 1-800-888-1965

CareFirst Gender Services 410-605-2456

CareFirst Mental Health crisis line (24/7) 1-800-245-7013

Montgomery County Crisis Center Hotline: 240-777-4000

National Alliance On Mental Illness: <https://www.nami.org/>

National Suicide Prevention Lifeline: 1-800-273-8255 <https://suicidepreventionlifeline.org/>

Psychology Today: www.psychologytoday.com

Website to search for social skills groups: www.groups4kids.com

Your insurance company is also a good resource for finding in-network mental health providers in your area.

RESOURCES FOR FOOD

United Way Database of 5000 programs across the state: housing, food, employment services for children and elderly. Phone: 211

Aunt Bertha

Website: www.auntbertha.com search by zip code multiple sources for food

Manna Food Center 301-424-1130 Website: www.Mannafood.org (Mont County residents)